



Star Cleaner®
Australia
everything clean.

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FREE PRINTABLE SCHEDULE

Weekly Cleaning Schedule

A few minutes a day, one focus a day, and a clean home all week.

FREE
PDF

This week

M	T	W	T	F	S	S
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Bath	Dust	Floors	Kitchen	Linen	Laundry	Reset

Stay on top of it, all week.

Vetted, insured cleaners across Australia

FREE PRINTABLE SCHEDULE

Weekly Cleaning Schedule

A simple fridge-friendly plan: a few minutes a day, one focus a day, and a clean home all week.

WEEK STARTING _____

HOUSEHOLD _____

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
EVERY DAY							
Make the beds	☐	☐	☐	☐	☐	☐	☐
Wash dishes and wipe benches	☐	☐	☐	☐	☐	☐	☐
Sweep the kitchen floor	☐	☐	☐	☐	☐	☐	☐
Wipe the bathroom sink	☐	☐	☐	☐	☐	☐	☐
Tidy living areas	☐	☐	☐	☐	☐	☐	☐
Empty full bins	☐	☐	☐	☐	☐	☐	☐
15-minute evening reset	☐	☐	☐	☐	☐	☐	☐
TODAY'S FOCUS							
One bigger job each day About 20 to 30 minutes	Bathrooms	Dust surfaces	Vacuum and mop	Kitchen and fridge	Change bed linen	Laundry and towels	Bins and reset
	☐	☐	☐	☐	☐	☐	☐

● Monthly

6 tasks

- ☐ Clean the microwave and oven
- ☐ Wipe skirting boards and doors
- ☐ Wash bins
- ☐ Vacuum sofas and under cushions
- ☐ Clean mirrors and glass
- ☐ Dust ceiling fans and lights

● Every 3 to 6 months

6 tasks

- ☐ Clean window tracks and flyscreens
- ☐ Wash pillows and doonas
- ☐ Rotate and vacuum mattresses
- ☐ Deep clean the rangehood
- ☐ Clean AC filters and vents
- ☐ Declutter wardrobes and cupboards

The 15-minute evening reset

Set a timer. Clear benches, load the dishwasher, put things back where they live and run a quick sweep. Mornings start calmer and the weekly focus jobs stay small.

Short on time? Let the professionals handle it.

Vetted, insured cleaners across Australia, satisfaction guaranteed.

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